

This sequence helps a person learn the partner dances using the videos and step sheets found on <https://diceymemory.com/dances/> landing page. Select Partner Dances to see instructional videos and step sheets. The goals of the sequence are to build on the dance elements from the previous dance and to give you a toolbox of dances to use at a variety of events. The goal is to get you dancing “good enough” to enjoy yourselves, rather than perfection. As noted in the step sheets, we have modified some dances to make them easier for people with balance issues or when dancing on a rocking cruise ship. The suggested learning songs have been chosen based on their beats per minute – not too fast and not too slow. Unless noted, the music is 4 beats to a measure (waltz are 3 beats to a measure).

Number	Dance Name (appropriate music)	New dance elements introduced	Suggested learning song
1	Sixteen Steps (Fast songs)	Sweetheart dance position Right heel + hook combo Heel + replace combo Toe + replace combo Foot stomp Half turn pivot Shuffle step forward	Pontoon
2	Shadow (moderately fast music)	Step, ¼ turn +slap, return and tap combo Rolling turn in Side, together side, side, tap	Play the Song (by Rory + Joey) or She’s In Love with the Boy
3	El Paso (chacha, Jimmy Buffet, etc)	Rock + recover Shuffle step backwards ¼ turn open ¼ turn with sways	Neon Moon
4	Baby You Do (Moderately fast songs)	Grapevine – Right Lindy step Rocking chair Weave	Baby You Do (L Fleet)
5 Or skip	Blue Roses (slower dances, but Not “Slow dances”)	Jazz box 6 count turn (unusual turn count) Some songs: 8 count turn works better	Blue Roses
6	Sandwich Waltz (3-count waltz music)	Waltz balances forward and back Twinkles 3 - count walking half turn	Their Hearts Are Dancing

7	Runaway Bay	Cross rock (reuses "Baby You Do "Leader rocking chair, Follower 2 half turns sequence and weave elements)	Lets Get Together (Al Green) On and On Fly Me to the Moon
8	Lorrie's chacha	Social Frame Position Chachacha step Side Check New Yorker Spin turn	Smooth (Santana)
9	Hudson Valley Cha	(in addition to Lorrie's) Getting off / on the track 1 and ¼ walking turn Chasse (sideways triple step) Belt loop hand exchange Weave in social position	When The Sun Goes Down (Chesney)
10	Memory Lane	Weave with half turns Walking full turn Cross point Kick, ball, change	Memory Lane (Old Dominion)
11	Lovers (hustle music)	(64 count dance so lots of steps) New elements: Step together step tap Exchange place turns Walk thru hands turn Walk shoulder to shoulder and hold Rumba box New Yorker Brush step Lock step	The Fighter (Keith Urban)
12	River Waltz (waltz)	90 degree turn	Waltz Across Texas
13	Sandwich – River Combo	Alternate Sandwich Waltz with River Waltz. Make all Twinkles progressive forward	Could I Have This Dance