

Sequence dancing workshops – Learn with Bill and Linda

- What
 - Fixed patterns of ballroom steps (often 64 before pattern repeats)
 - Couples dance in large counterclockwise circle
 - Standard patterns defined (sequencedanceuk.com)
- Why
 - Reduces mental workload while dancing - (what's next, collisions generally not an issue)
 - Good for infrequent / learning dancers – (leads can be less crisp since known pattern)
 - Confidence on dance floor, base for adding more dance elements as you improve
 - Often done on Cunard and P&O cruises
- Workshops (Request Slot for a couple : email William.eberhardt.20170@gmail.com)
 - St James residents only to eliminate all fees (no instruction, room, or insurance fees)
 - Focus is pattern, not styling – make you good enough to have fun, not dance with stars
 - LEARN DANCE PATTERN, not open ballroom dancing, please practice 2x per week
 - LIMITED to 6 couples per dance class / each dance divided into parts for teaching
 - Classes – Tuesdays, 9 am till 10:15 am, Wright Event Center rooms 1 and 2
 - White City Waltz class: Aug 4, 11, 18, 25
 - Lindy 8 Swing class: Sep 22, 29, Oct 6, 13